

5.3.1. Number of Awards/medals for outstanding performance in sports/cultural activities at University /State/National/International level year wise during the last 5 years.

2021-22

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshodpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003, KARNATAKA STATE



Certificate of Merit

This is to certify that Sharath Kumar M
of Veeramaruthi Gym, Brahmanara
has secured Third place in 83 Kg. weight class
at the Karnataka State Junior Powerlifting
Championships held at NIE College Auditorium, Mysore
from 10/06/2022 to 12/06/2022

Performance :

Squat 237.5 Kgs. Date of Birth 31.01.2001
B/Press 137.5 Kgs. Records _____
D/Lift 212.5 Kgs. _____
Total 587.5 Kgs.

[Signature]
Meer Director

[Signature]
Hon. Secretary

[Signature]
PRINCIPAL
ROSSLAND COLLEGE
BRAHMANARA, STATE

[Signature]
President

20-21-2



POWERLIFTING INDIA

POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:117/12713/2021




This is to certify that SHARATH KUMAR K representing Karnataka has secured Twelveth place in the 74kg - Junlor in the National Men's Classic Bench Press Championship 2021 held at Madgaon, Goa from 16-11-2021 to 20-11-2021


Bench Press[PL] : 110.0 Kg [12]

Date of Birth : 31-January-2001

Body Weight : 73.55 Kg


RAJESH TIWARI
President
Powerlifting India


- PRINCIPAL
CROSSLAND COLLEGE
BRAHMAYAR - 576 213


P.J JOSEPH (Arjuna)
Secretary General
Powerlifting India



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:105/10725/2021

This is to certify that **SHARATH KUMAR K** representing Karnataka has secured Eleventh place in the 74kg - Junior in the National Sub Junior & Junior Men's Powerlifting Championship 2020-21 held at Ghazipur, Uttar Pradesh from 17-03-2021 to 21-03-2021

Squat[PL] : 215.0 Kg [11]

Date of Birth : 31-January-2001

Bench Press[PL] : 132.5 Kg (9)

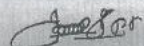
Body Weight : 72.51 Kg

Deadlift[PL] : 190.0 Kg [13]

Total : 537.5 Kg


RAJESH TIWAR
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAYAR - 576 213


P.J. JOSEPH (Ajanta)
Secretary General
Powerlifting India

4 28-22



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:105/10817/2021



This is to certify that **RANJITH A** representing **Karnataka** has secured **Eleventh** place in the **93kg - Junior** in the National Sub Junior & Junior Men's Powerlifting Championship 2020-21 held at Ghazipur, Uttar Pradesh from 17-03-2021 to 21-03-2021

Squat[PL] : 265.0 Kg [14]

Bench Press[PL] : 145.0 Kg [16]

Deadlift[PL] : 265.0 Kg [6]

Total : 675.0 Kg

Date of Birth : 09-July-1999

Body Weight : 86.40 Kg

RAJESH TIWARI
President
Powerlifting India

PRINCIPAL
CROSS AND COLLEGE
BRAHMANI, 575 111

P. JOSEPH (Agent)
Secretary General
Powerlifting India



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No:113/11951/2021

This is to certify that **SHARATH KUMAR K** representing **Karnataka** has secured **Nineth** place in the **74kg - Junior** in the **National Men's Equipped Bench Press Championship 2021** held at **Madgaon, Goa** from **16-11-2021** to **20-11-2021**

Bench Press[PL] : 130.0 Kg [9]

Date of Birth : 31-January-2001

Body Weight : 73.30 Kg


RAJESH TIWARI
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

5-21-22



POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation
Affiliated to: Asian Powerlifting Federation
Affiliated to: Commonwealth Powerlifting Federation



No. 123/13848/2022

This is to certify that **RANJITH A** representing Karnataka has Participated in the 93kg - Junior in the National Men's Sub Junior & Junior Powerlifting Championship, 2021-22 held at Udaipur, Rajasthan from 02-01-2022 to 06-01-2022

Date of Birth : 09-July-1999
Body Weight : 86.10 Kg

Rajesh Tiwari
RAJESH TIWARI
President
Powerlifting India

[Signature]
PRINCIPAL
CROSSLAND COLLEGE
BRAHMAYAR - 576 211

[Signature]
A. JOSEPH
Secretary General
Powerlifting India

5

6 21-22



POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation
Affiliated to: Asian Powerlifting Federation
Affiliated to: Commonwealth Powerlifting Federation



No:123/13777/2022




This is to certify that **SHARATH KUMAR K** representing **Karnataka** has **Participated** in the **74kg - Junior** in the National Men's Sub Junior & Junior Powerlifting Championship 2021-22 held at Udaipur , Rajasthan from 02-01-2022 to 06-01-2022

Date of Birth : 31-January-2001
Body Weight : 73.20 Kg


RAJESH TIWARI
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003, KARNATAKA STATE



Certificate of Merit

This is to certify that Sharath Kumar K
of Veeramaruthi, Saligrama
has secured Second place in 74 Kg. weight class
at the Karnataka State Senior Powerlifting
Championships held at Shri Krishna Bhavana Convention Hall, Mangalore
from 13/11/2021 to 14/11/2021

Performance :

Squat 240.0 Kgs. Date of Birth _____
B/Press 132.5 Kgs. Records _____
D/Lift 210.0 Kgs. _____
Total 582.5 Kgs. _____


Meet Director


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAYAR - 576 213
Hon. Secretary


President

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY


Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Ranjitha G of
Prostana college Bramavar has secured Second place in
the Mangalore University Inter-collegiate Wrestling (men) 92 kg
Tournament / Competition held at Sri sharaada college, Basnur
on 8th & 9th July 2022 Performance -


Convener
MUC Competition


PRINCIPAL
PROSTANA COLLEGE


Director of Physical Education
Mangalore University

Vision
Mission
Statement

VISION
To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource
MISSION
To Provide Excellent Academic, Physical Administrative, Infrastructural and Moral Ambience.
To Promote Quality and Excellence in Teaching Learning and Research.
To Preserve and Promote uniqueness and novelty of regional languages, folklore, art and culture.
To Contribute towards building a socially sensitive, humane, inclusive society.
To Cultivate critical thinking that can spark creativity and innovation.

KARNATAKA STATE

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MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Vinayaka of
Prostana college Bramavar has secured Second place in
the Mangalore University Inter-collegiate Wrestling (men) 125 kg
Tournament / Competition held at Sri sharaada college, Basnur
on 8th & 9th July 2022 Performance -


Convener
MUC Competition


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Director of Physical Education
Mangalore University

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MANGALORE UNIVERSITY

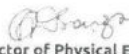
Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Sharath Kumar K of
Crosland - Bramavar has secured Third place in
the Mangalore University Inter-collegiate wrestling (men) 79 kg
Tournament / Competition held at Shri Sharada college Bannur
on 8th & 9th July 2022 Performance -


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Mangalore University

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KARNATAKA STATE

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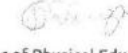
Accredited by NAAC with 'A' Grade
Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Navaneeth of
Crosland college Bramavara has secured Third place in
the Mangalore University Inter-collegiate wrestling (men) 57kg
Tournament / Competition held at Shri Sharada college
on 8th & 9th July 2022 Performance -


Convener
MUC Competition


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Mangalore University

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MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade
 Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Ranjitha G of
Crossland College Brahmavara has secured First place in
 the Mangalore University Inter-collegiate Power Lifting
 Tournament / Competition held at R.R.G. Shankar Govt Women's First Grade College Ajjankhad Udipi
 on 29 and 30th July 2022 Performance 93 Kg

Sa - 260
 BP - 100
 DL - 245
 T - 635

Ranjitha G
 Convener
 MUIC Competition

[Signature]
 PRINCIPAL
 CROSSLAND COLLEGE

[Signature]
 Director of Physical Education
 Mangalore University

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MANGALORE UNIVERSITY

Accredited by NAAC with 'A' Grade
 Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Sharath Kumar K of
Crossland College Brahmavara has secured First place in
 the Mangalore University Inter-collegiate Power Lifting
 Tournament / Competition held at R.R.G. Shankar Govt Women's First Grade College Ajjankhad Udipi
 on 29 and 30th July 2022 Performance 83 Kg

Sa - 253.5
 BP - 125
 DL - 215
 T - 592.5

Sharath Kumar K
 Convener
 MUIC Competition

[Signature]
 PRINCIPAL
 CROSSLAND COLLEGE

[Signature]
 Director of Physical Education
 Mangalore University

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KARNATAKA STATE

21-22

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MANGALORE UNIVERSITY

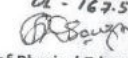
Accredited by NAAC with 'A' Grade
 Mangalagangothri - 574 199

Certificate of Merit

This is to certify that Navaneeth of
Crossland College Brahmavar has secured Second place in
 the Mangalore University Inter-collegiate Power Lifting
 Tournament / Competition held at Rr. G. Shankar Ghat Women's First Grade College Ajjankad Udupi
 on 29 and 30th July 2022

Performance: 59 KG Squat - 170
BP - 87.5
DL - 167.5 T = 425


 Convener
 MUIC Competition


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KARNATAKA STATE
 21-22

DEPARTMENT OF PHYSICAL EDUCATION
 RESULTS OF MANGALORE UNIVERSITY INTER-COLLEGIATE SPORTS COMPETITION 2021-22

Sl.No	Game/Event	Year	Category	Winners	Runners	3rd place	4th Place	5th Place	6th Place	7th Place	8th Place
1	Athletics	Men 100m	Men	Aditya Mithal	UJDU Udupi	St. Philomena's Patta	GFEC, Varanasiapur				
			Women	Aditya Mithal	GFEC, Varanasiapur	UJDU Udupi	SBC, Karkala				
2	Athletics	MUIC Track and Field	Men	St. Agnes, Mysore	Aditya Mithal	St. Philomena's Patta	SBC, Karkala	MUIC Udupi			
			Women	St. Agnes, Mysore	Aditya Mithal	SBC, Karkala	MUIC Udupi				
3	Badminton	MUIC Open - Karkala	Men	Aditya Mithal	SBC, Karkala	St. Philomena's Patta	MUIC Udupi	St. Agnes College Mysore	JKMCM, Mysore	GFEC, Varanasiapur	MUIC Udupi
			Women	Aditya Mithal	GFEC, Varanasiapur	SBC, Karkala	MUIC Udupi	St. Agnes College Mysore	JKMCM, Mysore	GFEC, Varanasiapur	MUIC Udupi
4	Basketball	In-School Nite	Men	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Agnes College Mysore	MUIC Udupi			
			Women	SSAMFC, Nite	Aditya Mithal	St. Agnes College Mysore	MUIC Udupi				
5	Badminton	GFEC, Varanasiapur	Men	Aditya Mithal	GFEC, Varanasiapur	GFEC, Karkala	St. Philomena's Patta				
6	Chess	St. Agnes College Mysore	Men	VC, Patta	Aditya Mithal	MUIC Udupi	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore
			Women	VC, Patta	GFEC, Karkala	MUIC Udupi	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	
7	Cricket	St. Philomena's Patta	Men (MG)	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore			
			Men (G)	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore			
			Women	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore			
8	Cross Country	GFEC, Varanasiapur	Men	Aditya Mithal	GFEC, Varanasiapur	MUIC Udupi	St. Philomena's Patta	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore
			Women	Aditya Mithal	GFEC, Varanasiapur	MUIC Udupi	St. Philomena's Patta	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	
9	Football	St. Agnes College Mysore	Men (G)	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore
			Men (G)	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	
			Women	St. Agnes Mangalore	SSAMFC, Nite	Aditya Mithal	St. Philomena's Patta	St. Agnes College Mysore	St. Agnes College Mysore	St. Agnes College Mysore	


 PRINCIPAL
 CROSSLAND COLLEGE
 BRAHMVAR - 574 211


 Director of Physical Education
 Mangalore University
 Mangalagangothri, D.K. - 574 199

21-22
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10	Handball	S.D.M.C. Ujire	Men	SDMC Ujire	GFGC Yamalapuram	Alva Moodbidri	SIBM (MSM&PM) Centre for Management Studies and Research Mangalore														
		University College Mysore	Women	Alva Moodbidri	St Agnes College Mysore	University College Mysore	St. Aloysius Mangalore	GFGC Yamalapuram	St. Agnes College Mysore	St. Clare's Kaniya											SIBM (MSM&PM) Centre for Management Studies and Research Mangalore
11	Hokey	Christy College Varangal	Men	Christy College Varangal	EMKAR, Mysore	ETI, Ahmedabad	Christy College Varangal														
			Women	SIBM, Madhav	MU Campus	Christy College Varangal	Alva Moodbidri														
12	Kabaddi	Sri Siddha College Mysore	Men	Alva Moodbidri	GFGC Thekkandapur	GFGC, Kani	St. Sharda College Mysore														
		Sri Siddha College Mysore	Men	Alva Moodbidri	Alva College Mysore	NMC, Sullia	Indus College Patna	Sri Sharda College Mysore													
		KSS Subramanya	Women	Alva Moodbidri	SIBM, Ujire	Dr. B. B. Hegde Kaniya	GFGC, Carrot														
13	Kho Kho	SMS Brahmanur	Men	Alva Moodbidri	GFGC Yamalapuram	MU Campus	GFGC, Redkalla Patna														
			Women	Alva Moodbidri	GFGC Yamalapuram	SBC, Ramakrishna	GFGC (W) Patna	SMS College Brahmanur	SBC, Kaniya	MPSAFC, Karkala	GFGC, Carrot										
14	Powerlifting	Dr. B. B. Hegde GFGC, Kaniya	Men	Alva Moodbidri	Christy College Varangal	SIBM Ujire	St. Aloysius Mangalore														
			Women	Alva Moodbidri	Dr. B. B. Hegde GFGC, Kaniya	SIBM Ujire	SBC, Mangalore														
15	Softball	Dr. B. B. Hegde, Kaniya	Men	St. Aloysius Mysore	Alva Moodbidri	S.M.C., Ujire	Dr. B. B. Hegde Kaniya	MU Campus	SBC, Moodbidri	GFGC, Yamalapuram											
			Women	Alva Moodbidri	GFGC Yamalapuram	S.D.M.C., Ujire	Dr. B. B. Hegde Kaniya														
16	Swimming	C.P.M.C. Kaniya, Ujire	Men	St. Aloysius, Patna	St. Aloysius Mangalore	M.G.M. College Ujire	St. Aloysius Mangalore														
			Women	St. Aloysius Mysore	GFGC, Garden of Eden	St. Agnes Mysore	St. Philomena, Patna	S.R.M.S.N. GFGC, Be	Christy College Mysore	P.P.C., Ujire	Beauvais College										
17	Table Tennis	Bhadrakavi College Kaniya	Men	Melagere Kallapur	SIBM, Moodbidri	V.L. Patna	SIBM Ujire	St. Agnes College Kaniya	MGM Ujire	PVC, Patna											
			Women	PVC Ujire	Melagere Kallapur	SIBM, Ujire	PVC Ujire	St. Agnes College Mysore	V.L. Patna												
18	Tennis	Dr. B. B. Hegde GFGC, Kaniya	Men	SIBM, Ujire	GFGC, Thekkandapur	GFGC, Yamalapuram	SMS Brahmanur	GFGC, Yamalapuram													
			Women	SIBM, Ujire	Dr. B. B. Hegde GFGC, Kaniya	SMS Brahmanur	GFGC, Yamalapuram														
19	Table Tennis	St. Agnes College Mysore	Women	V.L. Patna	GFGC, Carrot	SIBM, Ujire	St. Aloysius Mangalore														
		GFGC, Kaniya	Women	Alva Moodbidri	SIBM, Ujire	SIBM, Ujire	Dr. B. B. Hegde GFGC, Kaniya														
		The Technicians College Moodbidri	Women	V.L. Patna	GFGC, Carrot	SIBM, Ujire	SIBM, Ujire														


 Director of Physical Education
 Mangalore University
 Mangalaigangothri, D.K. - 574 199
PRINCIPAL
CROSSLAND COLLEGE
 BRAHMAVAR - 574 717

21-22
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20	Volleyball	Dr. P. J. J. P. Sarath Pe GFGC, Mangalore	Men/M	SIBM Ujire	Indus Patna College Patna	MU Campus	SIBM (MSM&PM) Centre for Management Studies and Research Mangalore														
		GFGC, Hubli	Men/U	Alva Moodbidri	Melagere Kallapur	St. Agnes College Mysore	SBC, Karkala	PVC Ujire	Beauvais College Kaniya	SIBM GFGC, Karkala	GFGC, Thekkandapur										
		GFGC, Hubli	Men/U	SIBM, Ujire	Alva Moodbidri	Melagere Kallapur	Indus College Patna	SBC, Karkala	SIBM (MSM&PM) Centre for Management Studies and Research Mangalore	MU Campus	St. Sharda College Mysore										
		Dr. B. B. Hegde, Kaniya	Women	Alva Moodbidri	SIBM, Ujire	PVC Ujire	GFGC, Karkala														
21	Weightlifting	Alva Moodbidri	Men	Alva Moodbidri	SIBM Ujire	SIBM (MSM&PM) Mangalore	St. Philomena Patna	GFGC, Patna	NMC, Sullia	St. Aloysius, Mysore	Christy College Mysore										
			Women	Alva Moodbidri	SIBM Ujire	St. Philomena Patna	S.S.W.C., Karkala	St. Aloysius, Mysore	St. Agnes College Mysore	Christy College Mysore											
22	Wrestling	St. Sharda College, Mysore	Men	Alva Moodbidri	St. Dominica's Brahmanur College, Mangalore	SMS Brahmanur	Christy College, Mangalore														
			Women	Alva Moodbidri	GFGC, Carrot	Ujire College, Mangalore	St. Agnes, Mangalore														
23	Net Ball	GFGC, Yamalapuram	Men	S.D.M.C., Ujire	GFGC, Yamalapuram	Bhadrakavi's Kaniya	MU Campus, Kaniya	Alva Moodbidri	SIBM (MSM&PM) Mysore	Dr. B. B. Hegde Kaniya											
		Beauvais Women College Mysore	Women	S.D.M.C., Ujire	Beauvais Women College Mysore	Bhadrakavi's Kaniya	Alva Moodbidri														
24	Yogasana	GFGC, Carrot	Men	MU Campus	Alva Moodbidri	SIBM Ujire	University College Mysore	GFGC, Carrot	Patna College Mysore												
			Women	MU Campus	Alva Moodbidri	SIBM Ujire	GFGC, W Patna	V.L. Patna	GFGC, Carrot	Alakhas College Patna	GFGC, Sullia										
			Men	NMC, Sullia	GFGC, Sullia	Alva Moodbidri	GFGC, Uppinangudi														
25	Tag-Of-War	NMC, Sullia	Women	Alva Moodbidri	NMC, Sullia	GFGC, Yamalapuram	GFGC, Sullia	SIBM (MSM&PM) Centre for Management Studies and Research Mangalore	GFGC, Vittal	GFGC, Uppinangudi	GFGC, Ajankal										


 Director of Physical Education
 Mangalore University
 Mangalaigangothri, D.K. - 574 199
PRINCIPAL
CROSSLAND COLLEGE
 BRAHMAVAR - 574 717

21-22
18

2021

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE




Certificate of Merit

This is to certify that Ranjitha
of Balanjaneya Gym, Mangalore
has secured First place in 93 Kg. weight class
at the Karnataka State Junior Powerlifting
Championships held at Gurunarasimha Openair Auditorium, Saligrama
from 26/02/2021 to 28/02/2021

Performance :

Squat	<u>250.0</u> Kgs.	Date of Birth	<u>09.07.1999</u>
B/Press	<u>152.5</u> Kgs.	Records	_____
D/Lift	<u>265.0</u> Kgs.		_____
Total	<u>667.5</u> Kgs.		_____


Meet Director


Hon. Secretary


President

PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003, KARNATAKA STATE



Certificate of Merit

This is to certify that Sharath Kumar
of Veeramaruthi, Salligrama
has secured First place in 74 Kg. weight class
at the Karnataka State Junior Powerlifting
Championships held at Guruharasimha Openair Auditorium, Salligrama
from 26/02/2021 to 28/02/2021

Performance :

Squat 217.5 Kgs. Date of Birth 31.01.2001
B/Press 132.0 Kgs. Records _____
D/Lift 207.5 Kgs. _____
Total 557.5 Kgs. _____


[Signature]
PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

[Signature]
Meet Director

[Signature]
Hon. Secretary

[Signature]
President

KARNATAKA POWERLIFTING ASSOCIATION (R)
 Affiliated to : Powerlifting India, Alappuzha, Kerala State
(Former Indian Powerlifting Federation, Bangalore)
 Recognized by: Department of Youth Empowerment & Sports, Govt. of Karnataka
 AMBIKA HWYS, K.C. ROAD, KUDROLI, MANGALURU - 575 003, KARNATAKA STATE





Certificate of Merit


This is to certify that Ranith G
 of Balanjaneya Gym, Mangalore
 has secured Third place in 93 Kg. weight class
 at the Karnataka State Junior Bench Press Powerlifting
 Championships held at Kuvempu Kannada Bhavana, Davangere
 from 10/04/2021 to 11/04/2021


Performance :

Squat	_____ Kgs.	Date of Birth	<u>09.07.1999</u>
B/Press	<u>130</u> Kgs.	Records	_____
D/Lift	_____ Kgs.		_____
Total	<u>130</u> Kgs.		_____


 Member Director


 Hon. Secretary


 President



20-21

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)

Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Certificate of Merit

This is to certify that Sharath Kumar
of Veeramaruthi Gym, Saligrama
has secured First place in 74 Kg. weight class
at the Karnataka State Junior BenchPress Powerlifting
Championships held at Kuvempu Kannada Bhavana, Davangere
from 10/04/2021 to 11/04/2021

Performance :

Squat _____ Kgs. Date of Birth 31.01.2001
B/Press 135 Kgs. Records _____
D/Lift _____ Kgs.
Total 135 Kgs.

PRINCIPAL
CROSSLAND COLLEGE
BRAHMEVAR - 576 213

[Signature]
Meet Director

[Signature]
Hon. Secretary

[Signature]
President

4

MANGALORE UNIVERSITY
DEPARTMENT OF PHYSICAL EDUCATION

Dr. Gerald Sunthosh D'souza
Director of Physical Education (IC)

Mangalagangothri 574 199
D.K Dist., Karnataka State
Phone 0824-2287 265(0)
9343572023
Directordpe2016@gmail.com

No. MU/DPE/ICU/2021-22

Date: 17.02.2022

To:
The Principal
Concerned College

Dear Sir/Madam,
The following players of your college has/have been selected for the preliminary coaching camp for Wrestling (Men) to be held at Alva's College, Moodbidri from 21st February 2022 to 03rd March 2022. Please direct them to report to Mr. Bahubali, Coach in charge of the Coaching Camp. Failure to report on or before 10 A.M. on 21.02.2022 will be treated as the player is not keen on participating in the camp/final selections, and his/her name will be deleted from the probabilities of the trainees. Please furnish ELIGIBILITY DETAILS while reporting the camp. Confirm the participation or otherwise of the players by return of post.

Wrestling Free Style Men			
Sl.No	Name	Weight Category	College Name
01	Prakash Halappa Rathod	57 Kg	Shree Gokarnatheshwara, M'lore
02	Dhureppa A Patil	61Kg	Alva's College, Moodbidri
03	Rudraabhar Tolamatti	65Kg	Alva's College, Moodbidri
04	Dhanush Kharvi	70Kg	MU Campus
05	Venkatesh Jagannath	74Kg	Alva's College, Moodbidri
06	Gagan C Shetty	79Kg	CIPOC Carstrot, M'lore
07	Pankaj Kumar S	86Kg	Alva's College, Moodbidri
08	Pravraj N J	92Kg	Alva's College, Moodbidri
09	Ranjitha G	97Kg	Crossland College, Brahmavar
10	V S Rakshith Rao	125Kg	Alva's College, Moodbidri

Wrestling Greco Roman Men			
Sl.No	Name	Weight Category	College Name
01	Srinivas	55Kg	SMS College, Brahmavar
02	Maanjunatha Mallappa Kubbi	60Kg	Shree Gokarnatheshwara, M'lore
03	Dweepak	63Kg	SMS College, Brahmavar
04	Nagaraj	67Kg	Alva's College, Moodbidri
05	Manoj Shivamanda Mugadara	72Kg	University College, Mangalore
06	Revant Kumar	77Kg	Alva's College, Moodbidri

- Note:
- Tournament date: 07 to 10th March 2022 at Chaudhary Bansi Lal University, Bhiwani, Haryana
 - Players are hereby instructed to submit the attested photocopies of S.S.L.C. and P.U.C Marks Cards in case the player is studying in U.G. course and that of S.S.L.C., P.U.C and Graduation Marks Cards if the player is studying in P.G. course, at the time of reporting to Coaching camp (attested by the competent authority).

Thanking you,

(Signature)
Yours sincerely,
Director of Physical Education
Mangalore University
Mangalagangothri, D.K. - 574 199

Copy to:
Mr. Bahubali, Wrestling Coach, Alva's College, Moodbidri

(Signature)
PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 111

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Participation Certificate

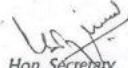
This is to certify that Ranjith
of Balanjanaya Gym, Mangalore
has participated in the Karnataka State Senior powerlifting
Championships held at Bhadravathi, Shimoga Dist.
From 12th to 14th July 2019, as an Official/Competitor in 105 Kg
Class.

He/she was not paid any TA / DA from the Association and Organisers.

He / She reported on 12.07.2019 and departed on 14.07.2019

Date: 14.07.2019
Place: Bhadravathi


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213


Hon. Secretary

19-20

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Participation Certificate

This is to certify that *Sharath Kumar*
of *Balanjaneya Gym, Mangalore*
has participated in the Karnataka State *Senior* powerlifting
Championships held at *Bhadravathi Shimoga Dist*
From *12th* to *14th July 2019* as an *Official/ Competitor* in *66* Kg
Class.

He/she was not paid any TA / DA from the Association and Organisers.
He / She reported on *12th July 2019* and departed on *14th July 2019*.

Date: *14.7.2019*
Place: *Bhadravathi*

[Signature]
PRINCIPAL
CROSSLAND COLLEGE
BRAHMABAR - 576 213

[Signature]
Hon. Secretary

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE




Certificate of Merit

This is to certify that **Ranjitha G**
of **Balanianeya Gym Mangalore**
has secured **First** place in **74** Kg. weight class
at the Karnataka State **Junior** Powerlifting
Championships held at **Junior College, Kundapur**
from **10/05/2019** to **12/05/2019**

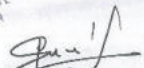
Performance :

Squat **190.0** Kgs. Date of Birth **09.07.1999**
B/Press **115.0** Kgs. Records
D/Lift **225.0** Kgs.
Total **530.0** Kgs.


Meet Director


Hon. Secretary

PRINCIPAL
BRAMAVAR COLLEGE
BRAMAVAR - 576 211


President

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Accredited by NAAC with 'A' Grade
 MANGALAGANGOTTHRI - 574 199

Certificate of Merit

This is to certify that..... Ranjitha G.of
 Cross land College Bhramavara has secured..... Iplace in
 the Mangalore University Inter-collegiate..... Wrestling Competition - 97 Kg
 Tournament / Competition held at Dr. D.P. S.P. G.F. G. C Carstreet, Manglore.
 on 26th & 27th August, 2019..... Performance.....

(F)

Nxy
 Convener
 MUIC Competition

[Signature]
 PRINCIPAL

[Signature]
 Director of Physical Education
 Mangalore University

Vision | VISION
 Mission Statement | To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource
 MISSION
 To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral ambience.
 To Promote Quality and Excellence in Teaching Learning and Research.
 To Preserve and promote uniqueness and novelty of regional languages, folklore, art and culture.
 To Contribute towards building a socially sensitive, humane, inclusive society.
 To Cultivate critical thinking that can spark creativity and innovation.

KARNATAKA STATE
 INDIA

19-20

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Accredited by NAAC with 'A' Grade
 MANGALAGANGOTTHRI - 574 199

Certificate of Merit

This is to certify that..... Vinayakaof
 Cross land College Bhramavara has secured..... IIIplace in
 the Mangalore University Inter-collegiate..... Wrestling Competition - 125 Kg
 Tournament / Competition held at Dr. D.P. S.P. G.F. G. C Carstreet, Manglore.
 on 26th & 27th August, 2019..... Performance.....

9

Nxy
 Convener
 MUIC Competition

[Signature]
 PRINCIPAL

Director of Physical Education
 Mangalore University

Vision | VISION
 Mission Statement | To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource
 MISSION
 To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral ambience.
 To Promote Quality and Excellence in Teaching Learning and Research.
 To Preserve and promote uniqueness and novelty of regional languages, folklore, art and culture.
 To Contribute towards building a socially sensitive, humane, inclusive society.
 To Cultivate critical thinking that can spark creativity and innovation.

KARNATAKA STATE
 INDIA

19-20

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Accredited by NAAC with 'A' Grade
 MANGALAGANGOTHRI - 574 199

Certificate of Merit

This is to certify that Rakesh Kumar of
Crossland college, Brahmavar, has secured First place in
Udupi Zone Football
 the Mangalore University Inter-collegiate
 Tournament / Competition held at Sri Mahaveera College, Moodbidri
 on 03rd & 04th Sept, 2019 Performance.

Convener
 MUIC Competition

PRINCIPAL

Director of Physical Education
 Mangalore University

Vision: To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resources
 Mission Statement: To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral Ambiance
 To Promote Quality and Excellence in Teaching, Learning and Research
 To Preserve and promote uniqueness and diversity of regional languages, folklore, art and culture
 To Contribute towards building a socially sensitive, humane, inclusive society
 To Cultivate critical thinking that can spark creativity and innovation.

19-20

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Accredited by NAAC with 'A' Grade
 MANGALAGANGOTHRI - 574 199

Certificate of Merit

This is to certify that Ranjitha G of
Crossland College, Brahmavar has secured Second place in
 the Mangalore University Inter-collegiate Best Physique Championship 2019-20 (85kg)
 Tournament / Competition held at Govt. First Grade College, Halayangadi
 on 09/10/2019 Performance.

Convener
 MUIC Competition

PRINCIPAL

Director of Physical Education
 Mangalore University

Vision: To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resources
 Mission Statement: To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral Ambiance
 To Promote Quality and Excellence in Teaching, Learning and Research
 To Preserve and promote uniqueness and diversity of regional languages, folklore, art and culture
 To Contribute towards building a socially sensitive, humane, inclusive society
 To Cultivate critical thinking that can spark creativity and innovation.

19-20



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



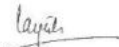
No:29/243/2019


This is to certify that **RANJITHA G** representing **Karnataka** has secured **Fifth** place in the **83kg - Junior** in the National Men Classic Powerlifting Championship 2019 held at Idukki, Kerala from 26-09-2019 to 30-09-2019

Squat[PL] : 187.5 Kg [5] Bench Press[PL] : 115.0 Kg [8] Deadlift[PL] : 235.0 Kg [3]
Total : 537.5 Kg

Date of Birth : 07-June-1999

Body Weight : 83.00 Kg


RAJESH TIWARI
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAMAR - 576 213


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ

MANGALORE UNIVERSITY

Certificate of Merit

Sl. No 002955

This is to certify that Mr/Miss PREMJOY NAZARY

of CROSSLAND COLLEGE, BRAHMAVAR was a member of the

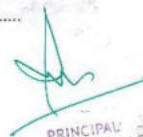
Mangalore University FOOTBALL (MEN) team which participated in the South Zone /

South West Zone / Inter Zone / All India Inter University Tournament / Competition

held at VELLORE INSTITUTE OF TECHNOLOGY VELLORE, TAMIL NADU during the year 2019-20

Achievements PARTICIPATED

Date: 14.10.2020
Mangala Gangotri - 574 199
Karnataka State, India


 PRINCIPAL
 CROSSLAND COLLEGE
 BRAHMAVAR - 576 213


 Director of Physical Education
 Director of Physical Education
 Mangalore University
 Mangala Gangotri, D.K. 574 199

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ

MANGALORE UNIVERSITY

Certificate of Merit

Sl. No 002956

This is to certify that Mr/Miss RANJITHA G.

of CROSSLAND COLLEGE, BRAHMAVAR was a member of the

Mangalore University WRESTLING (MEN) team which participated in the South Zone /

South West Zone / Inter Zone / All India Inter University Tournament / Competition

held at GURU JAMBHRESHWAR UNIVERSITY OF SCIENCE & TECHNOLOGY HISSAR, HARYANA during the year 2019-20

Achievements PARTICIPATED

Date: 14.10.2020
Mangala Gangotri - 574 199
Karnataka State, India


 PRINCIPAL
 CROSSLAND COLLEGE
 BRAHMAVAR - 576 213


 Director of Physical Education
 Director of Physical Education
 Mangalore University
 Mangala Gangotri, D.K. 574 199

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)

Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE




Certificate of Merit

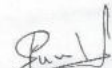
This is to certify that Aditya
of Diamond Gym, Bhamavara
has secured Third place in 53 Kg. weight class
at the Karnataka State Sub Junior Bench Press Powerlifting
Championships held at Sri Gokarnanatha Temple Hall, Kudroli, Mangalore
from 08/11/2019 to 09/11/2019

Performance :

Squat Kgs. Date of Birth
B/Press 75.0 Kgs. Records
D/Lift Kgs.
Total Kgs.


Meet Director


PRINCIPAL
CROSSLAND COLLEGE
KUDROLI - 576 212
Hon. Secretary


President

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)
Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003, KARNATAKA STATE



Certificate of Merit

This is to certify that**Sharath Kumar**.....
of**Veeramaruthi Gym, Saligrama**.....
has secured.....**First**..... place in**74**..... Kg. weight class
at the Karnataka State**Sub Junior Bench Press**..... Powerlifting
Championships held at**Sri Gokarnanatha Temple Hall, Kudroli, Mangalore**.....
from**08/11/2019**..... to**09/11/2019**.....

Performance :

Squat Kgs. Date of Birth
B/Press **112.5** Kgs. Records
D/Lift Kgs.
Total Kgs.

(Handwritten signature)
PRINCIPAL
CROSSLAND COLLEGE
BRAHMNAR - 576 213

(Handwritten signature)
Meet Director

(Handwritten signature)
Hon. Secretary

12

(Handwritten signature)
President

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Powerlifting India, Alappuzha, Kerala State.
(Former Indian Powerlifting Federation, Jamshedpur)

Recognised by: Department of Youth Empowerment & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANGALURU - 575 003. KARNATAKA STATE



Certificate of Merit

This is to certify that Ranjith G
of Diamond Gym, Bhrmavara
has secured Second place in 105 Kg. weight class
at the Karnataka State Junior Bench Press Powerlifting
Championships held at Sri Gokarnanatha Temple Hall, Kudroli, Mangalore
from 08/11/2019 to 09/11/2019

Performance :

Squat _____ Kgs. Date of Birth _____
B/Press 145.0 Kgs. Records _____
D/Lift _____ Kgs.
Total _____ Kgs.

PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 211

Meet Director

Hon. Secretary

13

President



POWERLIFTING INDIA

POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal

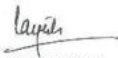


No : 282/SI/2020

This is to certify that **RANJITH** of **Karnataka** has secured **SECOND** place in the **105 Kg - Junior** in the South India Sub Junior, Junior and Senior Men & Women Powerlifting Championship held at Lal Bahadur Indoor Stadium, Hyderabad from 2nd to 5th January 2020.

Squat : 240 Kg
Benchpress : 145 Kg

Dead lift : 265 Kg
Total : 650 Kg


RAJESH TIWARI
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAYAR - 576 213


P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

14



POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal



No : 378/SI/2020

This is to certify that **RANJITH** of **Karnataka** has secured **SECOND** place in the **105 Kg - Senior** in the South India Sub Junior, Junior and Senior Men & Women Powerlifting Championship held at Lal Bahadur Indoor Stadium, Hyderabad from 2nd to 5th January 2020.


Squat : 240 Kg
Benchpress : 150 Kg

Dead lift : 250 Kg
Total : 640 Kg


RAJESH TIWARI
President
Powerlifting India


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

15


P.J. JOSEPH (Arjuna)
Secretary General
Powerlifting India

14

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
ಪ್ರಾಚಾರ್ಯರ 'ಎ' ಗ್ರೇಡ್ ಮಾನ್ಯತೆ ಹೊಂದಿದ
ದೈಹಿಕ ಶಿಕ್ಷಣ ವಿಭಾಗ

ಡಾ. ಕಿಶೋರ್ ಕುಮಾರ್ ಸಿ.ಕೆ.
ನಿರ್ದೇಶಕರು

ಮಂಗಳೂರಿನಲ್ಲಿ-574 199
ದ.ಕ. ಕರ್ನಾಟಕ ರಾಜ್ಯ
ದೂರ: 0824-2287265

ಸಂ.ಮಂವಿ/ಡಿ.ಸಿ.ಇ/ ||| /2020-21

ದಿನಾಂಕ: 14.10.2020

ರಿಗೆ,
ಪ್ರಾಂಶುಪಾಲರು
ಕ್ರಾಸ್‌ಲಾಂಡ್ ಕಾಲೇಜು
ಬ್ರಹ್ಮಾವರ
ಉಡುಪಿ -576 213

ವಿಷಯ:

ದಕ್ಷಿಣ ವಲಯ ಮತ್ತು ಅಖಿಲ ಭಾರತ ಅಂತರ ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಕ್ರೀಡಾಕೂಟಗಳಲ್ಲಿ
ಭಾಗವಹಿಸಿದ ಕ್ರೀಡಾಪಟುಗಳ ಪ್ರಶಸ್ತಿ ಪತ್ರ ನೀಡುವ ಬಗ್ಗೆ.

ಈ ಮೇಲಿನ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ತಮ್ಮ ಕಾಲೇಜಿನಿಂದ 2019-20ನೇ ಸಾಲಿನಲ್ಲಿ ದಕ್ಷಿಣ ವಲಯ
ಮತ್ತು ಅಖಿಲ ಭಾರತ ಅಂತರ ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಕ್ರೀಡಾಕೂಟಗಳಲ್ಲಿ, ಭಾಗವಹಿಸಿದ ಕ್ರೀಡಾಪಟುಗಳ
ಪ್ರಶಸ್ತಿಪತ್ರಗಳನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ ಲಗತ್ತಿಸಿ ಕಳುಹಿಸಿಕೊಡಲಾಗಿದೆ. ಅಲ್ಲದೆ ಕ್ರೀಡಾಪಟುಗಳ ಹೆಸರುಗಳನ್ನು ಕೂಡ
ಈ ಪತ್ರದೊಂದಿಗೆ ನೀಡಲಾಗಿದೆ. ಆದುದರಿಂದ ಪ್ರಶಸ್ತಿ ಪತ್ರಗಳನ್ನು ತಮ್ಮ ಕಾಲೇಜಿನ ಕ್ರೀಡಾಪಟುಗಳಿಗೆ ನೀಡಿ
ಸಹಕರಿಸಬೇಕಾಗಿ ವಿನಂತಿ.

ಪ್ರಶಸ್ತಿ ಪತ್ರಗಳನ್ನು ಕ್ರೀಡಾಪಟುಗಳಿಗೆ ನೀಡಿದಾಗ ಸೂಕ್ತ ದಾಖಲೆಯನ್ನು ಮಾಡಿಕೊಳ್ಳತಕ್ಕದ್ದು.

ವಂದನೆಗಳೊಂದಿಗೆ,


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

ತಮ್ಮ ವಿಶ್ವಾಸಿ,



ದೈಹಿಕ ಶಿಕ್ಷಣ ವಿಭಾಗ, ಮಂಗಳೂರು ವಿವಿ
ಮಂಗಳೂರಿನಲ್ಲಿ-574 199

Sl.No	Student Name	Event	Certificate No
01	Premjoy Narzary	Football (M) - SZ	002955
02	Ranjitha.G	Wrestling (M) - AI	002956

To Mr. Biju Jacob
15/10/20





NABBA/ WFF INDIA
KARNATAKA STATE CHAMPIONSHIP

Mr. & Ms. Karnataka 2019

CERTIFICATE

OF PARTICIPATION

is proudly presented to

Ranjith G

has successfully participated in Mr. & Ms. Karnataka 2019,
held at Jayanth Convention Center, Bengaluru on
13th October 2019.

We wish him/ her all success in the future endeavour.


Mr. F. Velmurugan
President, NABBA/ WFF SOUTH INDIA


Mr. Dhiraj Mohan Das
Principal, CROSSLAND COLLEGE
BRAHMAVAR - 576 213


Mr. Nishan KMR
President, NABBA/ WFF KARNATAKA

HEARTFULNESS ESSAY EVENT -2019

ORGANISED BY
Sri Ram Chandra Mission
United Nations Information Centre
and the Heartfulness Education Trust

STATE LEVEL PRIZE

This is to certify that SAIWA MOHID QASIM
of CROSSLAND COLLEGE
-BA.17/BAR/201056/1457291

participated in the All India Essay Writing Event 2019 in category 1 (class 9 to 12) /
category 2 (college UG/ PG) and secured FIRST position among
essays written in ENGLISH in the State of KARNATAKA


Kamlesh D. Patel
PRESIDENT
Sri Ram Chandra Mission


D. Seegun
DIRECTOR
UN Information Centre
for India and Bhutan


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213



2018-19

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Indian Powerlifting Federation, Jamshedpur
Recognised by : Dept. of Youth Services & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANAGALORE - 575 003.




Certificate of Merit

This is to certify that **K S Pradyumna Holla**
of **Body Zone, Kota**
has secured **First** place in **105** Kg. weight class
at the Karnataka State **Junior Bench Press** Powerlifting
Championships held at **Kannada Bhavan, Hubli**
from **07/09/2018** to **09/09/2018**

Performance :

Squat	Kgs.	Date of Birth	19-06-1998
140.0		Records
B/Press	Kgs.		
D/Lift	Kgs.		
Total	Kgs.		



Meet Director


PRINCIPAL
CROSSLAND COLLEGE
BRAGHAVAR - 576 213
Hon. Secretary


President

19-19

KARNATAKA POWERLIFTING ASSOCIATION (R)
 Affiliated to : Indian Powerlifting Federation, Jamshedpur
 Recognised by : Dept. of Youth Services & Sports, Govt. of Karnataka
 AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANAGALORE - 575 003.







Certificate of Merit

This is to certify that **Pradyumna Holla**
 of **Body Zone, Kota**
 has secured **First** place in **105** Kg. weight class
 at the Karnataka State **Junior** Powerlifting
 Championships held at **Kannada Bhavan, Hubli**
 from **07/09/2018** to **09/09/2018**

Performance :

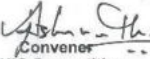


Squat	250.0	Kgs.	Date of Birth	19-06-1998
B/Press	140.0	Kgs.	Records	
D/Lift	250.0	Kgs.		
Total	640.0	Kgs.		

 Meet Director
  Hon. Secretary
  PRINCIPAL
 CROSSLAND COLLEGE
 BRAHMAVARA - 576 213
  President

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY
 Accredited by NAAC with 'A' Grade
 MANGALAGANGOTTHRI - 574 199

Certificate of Merit

This is to certify that **MR. PRADYUMNA HOLLA K.S.** of
Crossland College, Brahmavara has secured **First** place in
 the Mangalore University Inter-collegiate **Power Lifting (120 kg)**
 Tournament / Competition held at **S.R.S.M.N.G.F.G.C. Bankur**
 on **30 January 2019** Performance **302.5 + 110 + 250 = 662.5**
 (NMR)

 Convener
 MUIC Competition
  PRINCIPAL
 CROSSLAND COLLEGE
  Director of Physical Education
 Mangalore University

Vision VISION
 To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource

Mission MISSION
 To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral Ambience
 To Promote Quality and Excellence in Teaching Learning and Research
 To Preserve and promote uniqueness and novelty of regional languages, folklores, art and culture
 To Contribute towards building a socially sensitive, humane, inclusive society
 To Cultivate critical thinking that can spark creativity and innovation.



GOVERNMENT OF KARNATAKA
Department Of Collegiate Education



Smt. RUKMINI SHEDTHI MEMORIAL NATIONAL GOVERNMENT FIRST GRADE COLLEGE, BARKUR.

Mangalore University Level Inter Collegiate Men Throw Ball Tournament-2019

Certificate of Merit

This is to Certify that... *Sandeep S.* of
..... *Crossland College* has Secured *Third*
Place / *participated* in the Throw Ball Tournament for men organized by our college
on 06-03-2019.

Smt. Jayabharathi. A
CONVENOR

Prof. Vasanthraj Shetty. K
PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 211

Prof. Vasanthraj Shetty. K
PRINCIPAL

61-81

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY

Certificate of Merit

Sl. No: 002573

This is to certify that Mr/Miss PRADYUMNA HOLLA K. S
of CROSSLAND COLLEGE, BRAHMAYAR was a member of the
Mangalore University POWER LIFTING (MEN) team which participated in the South Zone /
South West Zone / Inter Zone / All India Inter University Tournament / Competition
held at UNIVERSITY OF CALICUT, KERALA during the year 2018-19
Achievements PARTICIPATED

Date: 10.05.2019
Mangalore Gangorah - 574 199
Karnataka State, India

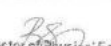

PRINCIPAL
CROSSLAND COLLEGE
 BRAHMAYAR - 576 113


 Director of Physical Education
 Director of Physical Education
 Mangalore University

RESULTS OF MANGALORE UNIVERSITY INTER - COLLEGIATE SPORTS COMPETITIONS 2018-19

Game/Sport	Year	Category	Winners	Runners	3rd Place	4th Place	5th Place	6th Place	7th Place	8th Place
Athletics	Alya's M'badu	Men	Alya's M'badu	ACPE Moodabidri	SDM Ujire	Milagres Kolligere				
		Women	Alya's M'badu	SDM Ujire	ACPE Moodabidri	DR NSAM FOC Nitte				
Badminton	Carnata College,M'badu	Men	Alya's M'badu	SDM Ujire	St. Alloysius, M'badu	ACPE Moodabidri	PPC Udupi	MU Campus Kereje	SBCA, Udupi	St. Philomena, Putar
		Women	St. Alloysius, M'badu	Dr. G. S. O. W. F. C. Udupi	SDM Ujire	B. B. Hegde Kolligere	SDMCM Mangalore	SSW, Basheer Nijera	Bent's Women's, M'badu	
Ball Badminton	Bhaskar's Kolligere	Men	Alya's M'badu	GFCC Varamgaduru	Bhaskar's Kolligere	B. B. Hegde Kolligere	MPM GFCC Karkala	GFMC, Mangal	PMKMC, Madikeri	Cowry Coll, Vengal
		Women	Alya's M'badu	BBC, Karkala	SYS Shivanji	SDM Ujire	GFCC, Sula	GFCC Varamgaduru	MPM GFCC, Karkala	GFCC, Pussacotta
Basketball	Dr. NSAM, Nitte	Men	Dr. NSAM, Nitte	Cowrey Coll, Kolligere	St. Alloysius, M'badu	Cowrey Coll, Vengal	MU Campus, Kereje	St. Alloysius, Vengal	GFCC, Putar	SDW Basheer Nijera, M'badu
		Women	Alya's M'badu	NSAM FOC Nitte	MU Campus	St. Alloysius, Vengal	St. Agnes College	St. Alloysius, M'badu	ACPE Moodabidri	SDW Basheer Nijera, M'badu
Best Pts:	St. Mary's, Shimra	Men	Alya's M'badu	KYSMC, Kolligere	SDMCM, Mangalore	St. Mary's, Shimra				
		Women	PPFC Udupi	S.D.M. Ujire	Dr. B. B. Hegde, Kolligere	Bhaskar's Kolligere				
Chess	GFCC, Karkala	Men	PPFC Udupi	S.D.M. Ujire	Dr. B. B. Hegde, Kolligere	Bhaskar's Kolligere				
		Women	PPFC Udupi	Dr. B. B. Hegde, Kolligere	Jnanada Coll, Basheer	St. Alloysius, M'badu				
Cricket	Uva Evening Col, M'badu	Men (U21)	St. Philomena, Putar	St. Alloysius, M'badu	MU Campus	PMKMC, Madikeri				
		Men (U19)	Alya's M'badu	BMS Basheer	Bhaskar's Kolligere	SBC Karkala				
Crest Country	GFCC, Halyangudi	Men	Alya's M'badu	SDM Ujire	ACPE Moodabidri	St. Ramakrishna FOC Putar				
		Women	Alya's M'badu	SDM Ujire	KSS Subramanya	DR NSAM FOC Nitte				
Football	SDMCM, M'badu	Men (U21)	St. Alloysius, M'badu	Mandhan Udupi	PMKMC, Madikeri	MU Campus				
		Men (U19)	Mandhan Udupi	St. Alloysius, M'badu	Alya's M'badu	B. B. Hegde Kolligere				
Handball	PPFC Udupi	Men	SDM Ujire	Alya's M'badu	MU CAMPUS	GFCC Varamgaduru	PPC Udupi	PPFC Udupi	ACPE Moodabidri	Govindadas College
		Women	St. Alloysius, M'badu	Alya's M'badu	Dr. NSAM, Nitte	ACPE Moodabidri	St. Agnes College	PPC Udupi	St. Ann's College	MU Campus, Kereje
Hockey	GFCC, M'badu	Men	Cowrey Coll, Kolligere	St. Alloysius, M'badu	PMKMC, Madikeri	FGC M'badu				
		Women	PMKMC, Madikeri	ACPE M'badu	Alya's M'badu	Dr. NSAM FOC Nitte				
Kabaddi	KSS Subramanya	Men (U21)	SDM Ujire	MU Campus	St. Alloysius, M'badu	NMC, Sula				
		Men (U19)	Alya's M'badu	GFCC, Thandankayyur	GFCC, Halyangudi	Bhaskar's Kolligere				
Kho Kho	GFCC, Varamgaduru	Men (U21)	SDMCM Ujire	Alya's M'badu	GFCC, Thandankayyur	MU Campus				
		Women	Alya's M'badu	SDMCM Ujire	ACPE, Moodabidri	GFCC, Cereze	Vijayan FOC	Vijaya Coll, Sula	GFCC Varamgaduru	MU Campus
Powerlifting	SPSNVGFCC, Basheer	Men	Alya's M'badu	ACPE M'badu	MU Campus	GFCC Varamgaduru	GFCC, Cereze	MPM GFCC, Karkala	GFCC, Putar, Jibhal	SMS Coll, Basheer
		Women	Alya's M'badu	SDM Ujire	ACPE M'badu	SDM Coll, Ujire	GFCC Varamgaduru	GFCC, Adikal, Putar	St. R. F. C. Kolligere	VC Putar


PRINCIPAL
CROSSLAND COLLEGE
 BRAHMAYAR - 576 113


 Director of Physical Education
 Mangalore University

18-19

18-19
6

MANGALORE UNIVERSITY
Accredited with NAAC with 'A' Grade
DEPARTMENT OF PHYSICAL EDUCATION

Dr. Kishore Kumar C.K.
Director

Mangalagangothri- 574 199
DK Dist., Karnataka State
Phone: 0824-2287 265 (O)
0824-2287 204 (C)
Date: 25.03.2019

No. MUDPE/ 1660 /2018-19

To:
Principal,
Crossland College
P.B.No.7, Brahmavar - 576 213
Udupi Dist.

Dear Sir,
We are proud to state that Mangalore University has been conducting various activities towards the overall development of its students in the fields of sports, research and cultural activities. The Department of Physical Education in addition to providing a conducive training atmosphere to the sports persons, also felicitates the distinguished sportspersons every year. This year also a program to honour the proud sportspersons of our University who have brought laurels to our university in the Inter-University, National and International competitions has been scheduled on the 08th April 2019, at 2.00 PM, at Mangala Auditorium, Mangalagangothri. Prize winners are requested to report at 1.30 P.M. Lunch will be arranged for all the invitees, Prize Winners, Physical Education Directors & Coaches of Mangalore University.

In this regard, I request you to send the below mentioned Sportsperson along with the Physical Education Director of your College who has also strived towards the best performance displayed by the Sportsperson. Here is the list of the student and Physical Education Director of your institution who would be felicitated on the above said date:

Name of the Sports Persons and Physical Education Director

Mr. Biju Jacob, K, Physical Education Director

Sl. No.	Name of Students	Event	Position	Cash Prize
01.	Pradyumna Holla K S (120kg category)	Power Lifting Squat: 302.5	Inter Collegiate NMR	1,000.00

Hoping for an Optimistic reply.

Thanking you,
To Mr. Biju Jacob
29/3/19

Yours sincerely,
Principal
CROSSLAND COLLEGE
BRAHMAVAR - 576 213
Director of Physical Education
Mangalore University
Mangalagangothri, D.K. - 574 199



Karnataka Powerlifting Association (KPA)

Affiliated to : Indian Powerlifting Federation, Jamshedpur, S. No. 55-2017
Recognized by : Dept. of Youth Service and Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. Road, Kudroli, MANGALORE - 575 003.

Phone: 0824-2411111

To
Mr. Anand Kumar
Kalyana

Date: 30.07.2017

Dear Sir,

We are pleased to inform you that, the following Powerlifters from your gym/institution has been selected to represent our state in the South India Powerlifting Championships 2017 to be held at Alleppey, Kerala State from 14th to 19th August 2017.

The Indian Powerlifting Federation has imposed Rs One Lakh as dope penalty and 3 years ban for a lifter who found positive in the dope procedure. Hence you are requested to send only dope free lifters to the above championship. Further it is to be noted that your gym/institution has the responsibility of pay the dope penalty if your lifter found positive in dope procedure.

As per guidelines of Indian Powerlifting Federation the entry fees has raised to Rs.1500/- per lifter for each event. Hence it is decided to collect Rs.500/- per competitor which shall be deposit on or before 15th July 2017 to the undersigned and confirm the participation. Otherwise their entry will not be submitted.

Competitor shall bring the Aadhar Card and Identity card issued by IPF in case of new after original date of birth certificate, Aadhar Card and two passport size photos and report at venue before Technical Meeting on 14th August 2017 evening.

Train Travel Concession form is enclosed herewith for other than Mangalore and Udupi District Participants. Competitors of these two districts are instructed to deposit Rs.500/- for advance Train Ticket booking on or before 15th July 2017.

Thanking you,

- 1. Chelvin dekhara - 58kg SR
- 2. Jackson D Souza - 74kg SR
- ✓ 3. Prashant Hella - 93kg SR ✓
- 4. Anand Kumar - 81kg SR
- 5. Anand Kumar - 85kg SR


 PRINCIPAL
 CROSSBOND COLLEGE
 KUDROLI
 MANGALORE - 575211

Yours faithfully,


 Hon. Secretary
 Karnataka Powerlifting Association
 Mangalore

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Indian Powerlifting Federation, Jamshedpur
Recognised by : Dept. of Youth Services & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANAGALORE - 575 003.



Certificate of Merit

This is to certify that Pradyumna Holla
of Balanjaneya Gym, Mangalore
has secured First place in 195 Kg. weight class
at the Karnataka State Junior Powerlifting
Championships held at Kinnigoli, Mangalore
from 03/11/2017 to 05/11/2017

Performance :

Squat	<u>240.0</u>	Kgs.	Date of Birth	-----
B/Press	<u>140.0</u>	Kgs.	Records	-----
D/Lift	<u>225.0</u>	Kgs.	-----
Total	<u>605.0</u>	Kgs.		

PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 211

Meet Director

Hon. Secretary

President

KARNATAKA POWERLIFTING ASSOCIATION (R)

Affiliated to : Indian Powerlifting Federation, Jamshedpur
Recognised by : Dept. of Youth Services & Sports, Govt. of Karnataka
AMBIKA NIVAS, K.C. ROAD, KUDROLI, MANAGALORE - 575 003.



Certificate of Merit

This is to certify that **Sachin V**
of **Veeramamathi Gym, Saligrama**
has secured **Third** place in **93** Kg. weight class
at the Karnataka State **Junior** Powerlifting
Championships held at **Kinnigoll, Mangalore**
from **03/11/2017** to **05/11/2017**

Performance :

Squat	215.0	Kgs.	Date of Birth
B/Press	105.0	Kgs.	Records
D/Lift	225.0	Kgs.	
Total	545.0	Kgs.	

[Signature]
PRINCIPAL
CROSSLAND COLLEGE
BACHIMAVAR - 576 213
Hon. Secretary

[Signature]
President

Meet Director

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Accredited by NAAC with 'A' Grade

MANGALAGANGOTTHRI - 574 199

Certificate of Merit

This is to certify that.....PRADYUMNA HOLLA K.S......of
CROSSLAND COLLEGE, BRAHMAVAR.....has secured.....FIRST.....place in
the Mangalore University Inter-collegiate.....POWER LIFTING (105 kg CATEGORY).....
Tournament / Competition held at.....GFGC & CENTRE FOR P.G. STUDIES THENKANIDYDOR.....
on.....8-04-2018.....Performance.....275+150+245.....Total:.....670 kg

Ravi
Convener
MUC Competition

[Signature]
PRINCIPAL

[Signature]
Director of Physical Education
Mangalore University

Vision
To Evolve as a National Centre of Advanced Studies and to Cultivate Quality Human Resource

Mission Statement
To Provide Excellent Academic, Physical, Administrative, Infrastructural and Moral Ambience
To Promote Quality and Excellence in Teaching Learning and Research
To Preserve and promote uniqueness and diversity of regional languages, folklore, art and culture
To Contribute towards building a socially sensitive, humane, inclusive society
To Cultivate critical thinking that can spark creativity and innovation

81-17

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
MANGALORE UNIVERSITY



Certificate of Merit

Sl. N^o 001850

This is to certify that Mr/Miss.....PRADYUMNA HOLLA K.S......
of.....CROSSLAND COLLEGE, BRAHMAVAR..... was a member of the
Mangalore University.....POWER LIFTING (MEN).....team which participated in the South-Zone /
South West Zone / Inter-Zone / All India Inter University Tournament / Competition
held at.....PANJAB UNIVERSITY, CHANDIGARH..... during the year.....2017-18.....
Achievements.....PARTICIPATED.....

Date: 10.04.2018
Mangala Gangotthri - 574 199
Karnataka State, India

[Signature]
PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

[Signature]
Director of Physical Education
Mangalore University

Mangalagangothri, K. K. - 574 199



राष्ट्रीय कैडेट कोर NATIONAL CADET CORPS



Lt Col BS Sahay
Contingent Commander RDC
NCC Directorate



प्रमाण पत्र CERTIFICATE

प्रमाणित किया जाता है कि संख्या
This is to certify that No. KAR/SP/15/50523 रैंक SGT
नाम Akshaya Kumara यूनिट 21 KAR BN
Name Unit

रा०कै०को० निदेशालय
NCC Directorate Karnataka & Goa

ने 01 जनवरी से 29 जनवरी 2018 तक नई दिल्ली में वार्षिक रा० कै० को० गणतंत्र दिवस शिविर तथा प्रधानमंत्री रैली में अपने रा० कै० को० निदेशालय का प्रतिनिधित्व किया।

Represented his/her NCC Directorate at the Annual NCC Republic Day Camp and the Prime Minister's Rally held at New Delhi from 01 January to 29 January 2018.

इन्होंने सम्मान गारद / गणतंत्र दिवस मार्च कैडेट बल में भी भाग लिया।
He/She also participated in Guard of Honour / RD Marching Contingent.
*के लघु न हो उसे कट दें।

*Strike out whichever is not applicable.

दिनांक : जनवरी 2018
Dated : 29 January 2018
स्थान : नई दिल्ली
Place : New Delhi

कॉर्पोरल युज्वर सिंह सन्धान
Co Y S. Sajwan
जी.सी.आर.डी.सी.एस.सी.
Secy RDC SC

PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213

Lt General BS Sahrawat, SM
महानिदेशक राष्ट्रीय कैडेट कोर
Director General National Cadet Corps


MANGALORE UNIVERSITY
 Accredited by NAAC with 'A' Grade
DEPARTMENT OF PHYSICAL EDUCATION

Dr. Kishore Kumar C.K.
 Director of Physical Education

Mangalagangothri 574 199
 D.K Dist., Karnataka State
 Phone 0824-2287 265(0)

No.MU.DPE/100/2017-18

Date: 12.01.2018

Dear Sir/Madam,

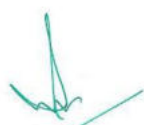
The following players of your college has/have been selected for the preliminary coaching camp for Power Lifting (Women) from 22nd to 24th January 2018. For further information please contact Mr. Haridas Kuloor, Asst. Director of Physical Education, Mangalore University, Mangalagangothri. (Contact No. 9964426675)


Sl. No.	Name of the Weight Lifter	College
Power Lifting (Men)		
01	Jackson Colwin D'souza	SDMC, Ujire
02	Mohammad Farhan	St. Aloysius College, Mangalore
03	Siraj Kammar Singh	Alva's College, Moodbidri
04	Prajanma Holla K.S	Crossland College Brahmavar
05	Khashaf Gowda K.V	Alva's College, Moodbidri
06	Ranjith Poojari	Alva's College, Moodbidri
07	Girish J.	Alva's College, Moodbidri
08	Mukesh	Besant Evening College, Mangalore
Power Lifting (Women)		
01	Thalimitha M.Y	SDMC, Ujire
02	Pooja Poojary	Alva's College, Moodbidri
03	Shruti Thoi Thoi Devi	Alva's College, Moodbidri
04	Hrisham Merina Devi	Alva's College, Moodbidri
05	Anusha H.A	Alva's College, Moodbidri
06	Usha B.N	Alva's College, Moodbidri
07	Bhavisya	Alva's College, Moodbidri

Note: Players are hereby instructed to submit the attested photocopies of S.S.L.C. and P.U.C Marks Cards in case the player is studying in U.G. course and that of S.S.L.C., P.U.C and Graduation Marks Cards if the player is studying in P.G. course, at the time of reporting to Coaching camp (attested by the competent authority).

Thanking you.

Yours sincerely,


PRINCIPAL
CROSSLAND COLLEGE
 BRAHMAVAR - 576 213


Director of Physical Education
Mangalore University
 Mangalagangothri, D.K. - 574 199

8



ST ALOYSIUS COLLEGE (AUTONOMOUS), MANGALURU

UG & PG Department of Social Work
and
Centre for Social Concern

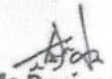
CONVERGENCE OF YOUNG TALENTS - 2018

A STATE LEVEL FEST

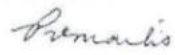
Certificate

Certified that Ms/Mr Sajwa Mohd. Qasim of Crossland College
Brahmavar has won Ist place in a State Level Fest,

"Convergence of Young Talents - 2018", organised on 21st February 2018.


Ms Deena D'Souza
HOD-UG Social Work


Ms Shwetha Rasquinha
HOD-PG Social Work


Rev. Dr Praveen Martis S.J
Principal


PRINCIPAL
CROSSLAND COLLEGE
BRAHMAVAR - 576 213