# **Crossland College Brahmavar**

# Internal Quality Assurance cell

# CRITERION VII-INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.1 Measures initiated by the institution for the promotion of gender equity, institution celebrates / organizes national and international commemorative days, events and festivals

List of Supporting Enclosures		
Sl. No.	Particulars	
1	International Women's Day	
2	Talk about health and hygiene	
3	Grievances Box	
4	CC TV Camera	
5	Ladies Room	
6	Fees concessions for girl students	
7	Women's Hostel	
8	ID Card for students	
9	Azadi ka amrit mahotsava Competitions	
10	National Youth Day	
12	Youth Red cross activities	
13	World population Day	
14	International Yoga Day	
15	National Voters' Day	
16	Republic Day	
17	Martyrs' Day	
18	Environment Day	
19	International Day Against Drug Abuse & Illicit Trafficking	
20	World Population Day	
21	Independence Day	
22	Sadbhavana Day	
23	Teachers Day	
24	NSS Day	
25	Crime Prevention Month Celebration	
26	Anti-Ragging Committee and Discipline Committee	
27	Institutional Responsibility- DDU	
27	Wall of Charity	
28	Medical relief Fund	
29	Equal Opportunity Cell	

# **Women's Forum Programs:**

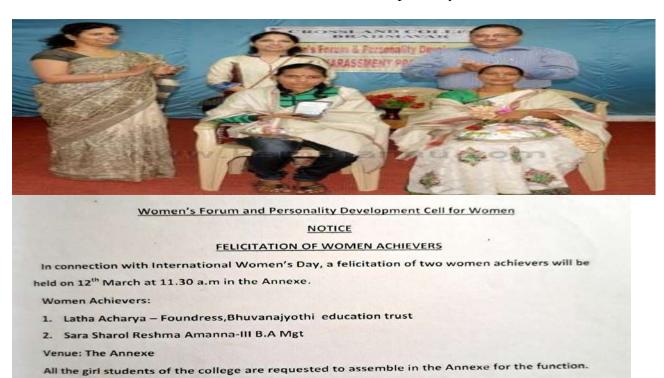
# **Self Defence training Program:**

The Women's Forum and Personality Development Cell and Sexual Harassment Prevention Cell of the college jointly organized a self defence-training program for the female students of the college. Mr. Karthik S Katil, Martial Art expert, was the resource person.



# Crossland College celebrated International Womens' day on 8th March, 2018. Felicitation of Two Women Achievers.

- 1. Mrs. Jayashree Bhat, Alumnus and counsellor from Kundapur.
- 2. Vidushi Smt. Maanasi Sudheer, Alumnus, Nrityaniketana Kodavoor. They were facilitated for their contribution to social welfare and cultural activities respectively.



Smitha maipadi

06-03-2020

# **Legal Awareness Program:**

The women's The Women's Forum and Personality Development Cell, Sexual Harassment Prevention Cell of the college and JCI jointly organized a legal awareness program for the female students of the college. Mis. Nagaratna Naik Advocate, in her address to the students had spoken about legal benefits and the provisions provided for women in Indian legislation.



# **Health Awareness Program:**

The Film Show program (Pad Man) was organized by the Women's Forum to bring awareness about health and hygiene

# Gender Equity and Constitution and Human Rights studies are included in the syllabus.

The prime goal of this course is to familiarize students with key issues. Gender equality prevents violence against women and girls.

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# I SEMESTER BASCIF 131: CONSTITUTION OF INDIA (Elective Foundation Course)

Credit:			
		SALAN ASSESSMENT AND A	

Hours of instruction/week: 2 Total hours of instruction: 28

## Unit 1: Constitution - Structure and Principles

- 1.1: Meaning and importance of Constitution
- 1.2: Making of Indian Constitution Sources
- 1.3: Salient features of Indian Constitution

# Unit 2: Fundamental Rights and Directive Principles

- 2.1: Fundamental Rights
- 2.2: Fundamental Duties
- 2.3: Directive Principles

## Unit 3: Government of the Union

- 3.1: President of India Election and Powers
- 3.2: Prime Minister and Council of Ministers
- 3.3: Lok Sabha Composition and Powers
- 3.4: Rajya Sabha Composition and Powers

## Unit 4: Government of the States

- 4.1: Governor Power
- 4.2: Chief Minister and Council of Ministers
- 4.3: Legislative Assembly Composition and powers
  4.4: Legislative Council Composition and powers

## Unit 5: The Judiciary

- 5.1: Features of judicial system in India 5.2: Supreme Court Structure and jurisdiction 5.3: High Court Structure and jurisdiction

# Unit 6: Administrative organisation and constitution

- 6.1: Federalism in India Features
  6.2: Local Government -Panchayars Powers and functions; 73<sup>rd</sup> and 74<sup>th</sup> amendments
  6.3: Election Commission Organisation and functions
  6.4: Citizen oriented measures R<sub>1</sub>T and PIL Provisions and significance

- 3 hours
- 5 hours

  - 5 bearing

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# II SEMESTER BASHRF 181: HUMAN RIGHTS

(Elective Foundation Course)

Credit: 1 Marks: 50 Hours of instruction/week: 2 Total hours of instruction: 28

# Unit 1: An Introduction to Human Rights

- 1.1: Values Dignity, Liberty, Equality, Justice, Unity in Diversity
- 1.2: Human Rights Meaning and features; Significance of the study
- 1.3: Classification of Human Rights
- 1.4: Rights and Duties Correlation

# Unit 2: International Protection and promotion of Human Rights

4 hours

- 2.1: Universal Declaration of Human Rights
- 2.2: International Covenants –ICCPR and ICESCR
- 2.3; Convention on the Elimination of All Forms of Discrimination against Women. 1979 and Convention on the Rights of the Child, 1989

# Unit 3: Human Rights in India

6 hours

- 3.1: Human Rights and Fundamental Rights
- 3.2: Fundamental Rights and Fundamental Duties
- 3.3: Directive Principles
- 3.4: Role of Judiciary in the protection of Human Rights

# Unit 4: Protection and promotion of Human Rights in India

5 hours

- 4.1: National Human Rights Commission Composition and functions
- 4.2: Karnataka State Human Rights Commission Composition and functions
- 4.3: Human Rights and NGOs
- 4.4: Human Rights and Media

# Unit 5: Issues and concerns in Human Rights

- 5.2: Challenges to Human Rights promotion in India Poverty, Illiteracy. Communal and easte conflicts... 5.1; Changing dimensions of Human Rights patriarchal values, lack of inclusive development
- 5.3: Human Rights and Terrorism
- 5.4; Human Rights and problems of health and environment



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Credit: 1 Starket 50

Hours of instruction/week: 2 Total hours of instruction: 28

7 hours

Luit I Understanding Gender Equity

Luit I Understanding Gender, Sexuality, Patriarchy, Gender Stereotypes, Clender Division of Labour.

7 hours

7 hours

7 hours

1 Basic concepts - Sex, Gender, Sexuality, Patriarchy, Gender Stereotypes, Gender Division of Labour, Gender Sex Gender, Sexuality, Patriarchy, Gender Stereotypes, Gender Division of Labour, Gender Sex Ge

- Unit 2: Discrimination and Violence
  2.1 Indicators of inequality Sex Ratio, Education, Health and nutrition. Work participation.
  2.2 Institutions of Qender Inequality Family, Economy, Religion, Education and Political Institutions 2.3: Discrimination and Violence Female Footierde, Infinitelde, Child Marriage, Domestic Violence Uniquel access to properly Unequal access to political participation.
  2.4 Trafficking and commodification of Women's body, Representation of women in Media.

- Unit 3: Gender Equity and Legal provisions

  3.11 International Conventions CEDAW, Millennium Development Goals (MDG's), Sustainables and Diment Goals (SDG's)

  3.2 Constitutional Rights of Women in India (Relevan articles of Fundamental Rights and Directive Principles)

  3.3. Principles.
  - Principles)

    3.3: Protective Legislation for Women in India The Dowry Prohibition Act, 1961; Sexual Haracement of Women of Wome

Unit 4: Towards Measuring Gender Equity and Equality
4.1: Gender Empowerment measure (GEM) — Meaning and Indicators
4.2: Chiohat Clender Cup Index — Meaning and indicators
4.3: Gender Disaggregated Data — Meaning and importance
4.4: Clender Audit - Meaning and importance

# Women's Forum and Personality Development Cell for Women And

# Sexual Harassment Prevention Cell

Guest lectures are held on Saturday, 4th March 2017 at 10.15 a.m in the Annexe.

Resource Person

Dr. Vandita Pahwa, Dept. of Community Medicine, K.M.C. Hospitals, Manipal University, Manipal. Oral, Breast and Cervical Cancer Screening.

Topic:

Resource Person:

Ms.Clara, M. Lewis, Dept. of Community Medicine,

Topie:

Manipal University, Manipal. Obesity and Stress Management.

All the girl students of the college are requested to attend the programme.

28-02-2017 COPY TO SNIB PNBC NYPUQAC.

who. Lecturer In-charge

# Women's Forum and Personality Development Cell for Women

## Result of Competitions

The results of the competitions held in connection with International Women's Day on Wednesday, 8th Murch 2017 are as follows

Mehendi design competition:

I Place:

1 Ms.Pooja S 2. Ms.Thajannisa S

I B.Com III B.Com

II Place:

1.Ms. Ashwini Kumari 2. Ms Rushmithu

HEREN II O A

1 Ms Anjali Tresa Robin

I:B.A

Flower arrangement competition:

1 Place:

I Ms.Bibina Baby , Ms. Hamsaveni S K, & Ms.Sanjulatha Suna

2. Ms Anu Thomas & Ms.Choiang Phom

Copy to SNR INB(2), VP, IQAC

54 Lecturer in-charge

Women's forum and Personality Development Cell sexual recomment Prevention and NOTICE

inauguration of the "Women's Forum and Personality Development Cell"

and a talk on "LEGAL AWARENESS"

ITTANIEUT STOY

TARS NAGARATNA NAIK, ADVOCAJE

Date and force : Friday, 28-July-2017, at 10:20 a.m.

The Annexe

at the gel students of the college are requested to assembly in the Anna

25-07-2017 CONTENTION THOUSENERS

# Women's Forum and Personality Development Cell Program Notices

## Women's Forum and Personality Development Cell for Women NOTICE

## PELICITATION OF WOMEN ACHIEVERS

In connection with international Women's Day , a facilitation of two women achievers are held on  $A^{\mu}$ . March 2017 at 10.15 a in in this Agreese.

Women Achievers

2. With Ujwala Prables. Cable Network Operator, Kunjal for her 20 years service in the same field.

2. Mrs. Mantsha, Auto richshow driver, Neelavara Cross, Kunjal for her 12 years service in the :

01-03-2017 Copy To SHR.FWH(2)-VPHOAC

# Women's Forum and Personality Development Cell

## NOTICE

Self Defense Training Programme

Resource Person : Mr. Karthik, S Kateel, Martial Art Expert

Date and Time: Wednesday, 30-August-2017, at 9.20 a.m.

The Annexe

All the geri students of the college are requested to assemble in the Annexe for the function.

2 25-08-7017 CODY TO: SHOP NOTE; VP, HOAK, SKP

Lecturer In Charge

## Women's Forum and Personality Development Cell for Women

## Result of Competitions

of the competition, beld in connection with International Women's Duy on Wednesday, 8th

Meherdi design competition:

I Place:

1 Ma.Posja 8

2 Ma.Thejuminus 8

II Place:

1 Ma.Ashwini Kumari

2 Ms.Rashmitha

III Place:

1 Ms.Asjah Tresa Robin

IB.Com IIB.Com IIIB.Com

Place: I.Ms. Biblina Baby . Ms. Hamsaveni S.K., & Ms. Sanjulatha Suna
2. Ms. Ann Thomas & Ms. Chotang Phom

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PRINCIPAL CROSSLAND COLLEGE BRAHMAVAR - 576 213

5 Lecturer in-charge

# Equal Opportunity Cell

The following are nominated to the EOC. The Cell is established to implement reservation and provide facilities for persons with disabilities at the College

- 1. Ms.Anusha II B.A (Soc.Sc)
- 2. Ms.Lalitha II B Com
- 3,Mr.Thushar Mascrenhas II BA (Mgt Sc.)
- 4. Mrs.Shobha P
- 5. Mrs.Geetha C Cherian
- 6. Mrs. Jyothi (Hist.)
- 7. Mrs. Supritha
- 8. Mr. Naveenkumar (Convener)

10/12/19

SNB,FNB (2),O,VP,IQAC (RC)

Principal

Crossland College Rotary Club, Brahmavar, and Police Station, Brahmavar, jointly Organized Crime Prevention Month on 04/01/2022, Mr. Gurunath B Hadimani was invited as a resource person.



Our college Youth Red Cross and NSS Unit Jointly organized a Blood Donation Camp.

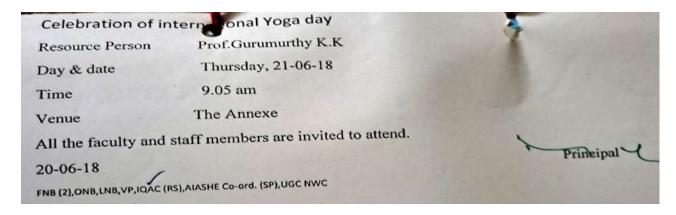


In association with YRC and Prasad Netralaya Udupi, a free Eye Check-up camp was organized for the students and the public.





An inauguration program was organized by NSS and Youth Red Cross Wing of the college.





# Crossland College, Brahmavar Students' Council, NSS and Youth Red Cross Unit

Projects in connection with 'SAMSMARAN DIN' - Founder's Memorial Day (08/10/2018)

In association with the Blood Bank, KMC, Manipal, and Mogaveera Sangha, we are organizing a Blood Donation Camp in the College premises.

Date and Time : Thursday, 17-01-2019 - 9.30 to 12.30 P.M. : The Annexe

All the interested students and the general public are requested to use this opportunity. Donors are eligible for availing Mediclaim facility for one year at KMC, Manipal.

Students can also check their blood group

### 2. Eye Camp

In association with Prasad Nethralaya, Udupi, we are organizing an Eye Camp in the College

**Date and Time** 

: Thursday, 17-01-2019 - 9.30 to 12.30 P.M.

All the interested students and the general public are requested to use this opportunity.

"A Handful of Rice with Love"

"A Handful of Rice with Love" is a programme conducted every year in connection with the Samsmaran Din, the death anniversary of our beloved founder. The programme will be held this year on Thursday, 17/01/2019. All the students are requested to bring rice or money towards this noble cause.

NSS Unit

Students' Council

Programme Officer YRC Unit

10-01-2019 FNB (2), SNB, VP, IQAC, NSS, YRC, O

Anti-Ragging Committee and Discipline Committee

Crossland College, Brahmavar

## **Anti-Ragging Committee**

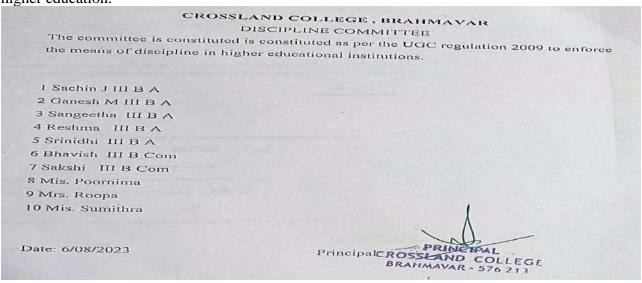
The Committee is constituted as per the UGC regulations 2009 to curb the menace of ragging in higher educational institutions.

- 1. Ms. Tess. III Ba
- Ms. Latha II BA
   Mr. Vignesh II BA
- Ms. Ashwini II BA
   Ms. Nagashree I BA
- 6. Ms. Alfija II B.Com
- 7. Dr. Robert Clive G8. Mrs. Shoba
- 9. Mr. Biju Jacob Nodal Officer
- 10. Prof. Johnson Jacob Principal

Date: 3/8/2021

Principal

The College has formed Discipline Committee to enforce the means of disciplinary measures in higher education.



In association with the Electoral Literacy Club, Voter awareness Rally was conducted on 13/02/2019



# The Electoral Literacy Club of our College is organizing a voter awareness rally from the College to Heranje Cross at 10.15 am on 13/09/19. All the students are requested to assemble on front office to participate in the rally. 12/09/19 All the girl students of the college are requested to assemble in the Annexe for the function 11-09-2019 Smitha maipadi. Lecturer In-Charge

The College has formed the SEXUAL HARASSMENT PREVENTION CELL/INTERNAL COMPLAINTS COMMITTEE.

# SEXUAL HARASSMENT PREVENTION CELL/INTERNAL COMPLAINTS COMMITTEE

The following are nominated to the above committee for the academic year 2019-20

- 1. Prof (Mrs) Elizabeth Roy (Chair Person)
- 2.Mrs.Jyothi (SP)
- 3.Mrs.Shobha P
- 4.Mrs.Smitha Maipady
- 5.Mrs.Jyothi (Eng)

10/06/19

SNB,FNB (2),VP,IQAC,O



In connection with the voters' awareness program, an oath taking ceremony was organized to motivate the young voters to exercise their right to vote.



The Department of Social Science organized a group discussion competition on World Population Day on 11/07/2022



NOTICE

List of mentors - mentees for the academic year 2020-21

Students Roll No.	Mentors
101 -113	Prof. Reebu Samuel
114-126	Prof. Johnson Jacob
127-139	Dr. Robert Clive G
201-214	Mr. Biju Jacob K
215-229	Mrs. Jyothi (Eng)
301-314	Mr. Sheshagiri Bhat
315-328	Mr. Naveen Kumar
329-341	Mrs. Deepa Rao
401-415	Mr. Girish Rao
416-429	Mrs. Saritha
501-514	Mrs. Smitha Maipady
515-527	Mrs. Mamatha
528-539	Mrs. Jyothi (His)
601-615	Mr. Shrikanth
616-630	Ms. Vanitha Kharvi

Date: 18/09/2020

Lecturer In-charge

Career Guidance and Counselling Cell

Women's Forum and Personality Development Cell Programs.

Crossland College and Department of Sociology and Mangalore Sociology Association® Jointly organized UGC Sponcered one day seminar on 'Women Empowerment - Trends and Strategies' on 26/09/2017.



## Dept. of Social Science

One day workshop on Women and Media

The Dept. of Social Science in association with Centre for Women's Studies, Mangalore University will be organizing a one day workshop on women and media on Wednesday, March 13, 2019.

Target group: Final year B.A. (All Students) and Second year B.A. (Social Science) students.

Time: 9.00 a.m. - 12.30p.m.

Chief Guest: Dr. Anitha Ravishankar,

Centre for Women's studies, Mangalore University.

Resource Person: Dr. Shubha, MIC, Manipal

08/03/2019

Copy to: SNB, FNB(2), VP, IQAC, Dept. file

Lecturer-in-Charge

# CROSSLAND COLLEGE BRAHMAVAR-576213

## ART AND LITERARY ASSOCIATION and IQAC

Swatantra Amrutha Mahotsava -ಸ್ವಾತಂತ್ರ್ಯ ಅಮೃತ ಮಹೋತ್ಸವ List of activities

As part of the Swatantra Amrutha Mahotsava, the following activities will be organized in our college.

- 1. Special Lecture on Freedom Movement
- 2. Each student has to collect the photos of 10 freedom fighters.
- 3. Showing documentaries/films related to Freedom Movement
- 4. Cycle Jatha
- 5. Freedom Run Competition

# **Independence Day Flag Hosting Ceremony:**





CROSSLAND COLLEGE BRAHMAVAR-576213

ART AND LITERARY ASSOCIATION and IQAC

Swatantra Amrutha Mahotsava -ಸ್ವಾತಂತ್ರ್ಯ ಅಮೃತ ಮಹೋತ್ಸವ

# **List of competitions and participants**

# Poster making competition on "Indian Freedom Movement" on 20/07/2022

SI. No	Name	Class
1	Adithya	III B Com
2	Mohammed Thasir	III B Com
3	Thabish	I BA
4	Lakshmikanth	I B Com
5	Bhavish	II B Com
6	Joshua Oliver	III B Com
7	Sharon D ' Almeida	III B Com



# Group Discussion on "Indian Freedom Movement" on 21/07/2022

SI. No	Name	Class
1	Joshua Oliver	III B Com
2	Mohammed Thasir	III B Com
3	Sharon D'Almeida	III B Com
4	V Nissi Daniel	II B Com
5	Notsoni Thapo	II B Com
6	Ashika	I B Com
7	Shrilatha	II B A
8	Reshma	II B A
9	Shivani	I BA
10	Krishna prasad	IBA
11	Thabish	I BA
12	Vignesh	III B A



# Essay Writing competitions on "Indian Freedom Movement" on 21/07/2022

SI. No	Name	Class
1	Shrilatha	I B Com
2	Manvel	II B Com
3	V Nissi Daniel	II B Com
4	Notsoni Thapo	II B Com
5	Mohammed Thasir	III B Com
6	Tulasi	IIBA
7	Joshua Oliver	III B Com
8	Thabish	I BA
9	Krishna prasad	IBA
10	Sharon	III B COM



# Painting on "Indian Freedom Movement" on 22/07/2022

Sl. No	Name	Class
1	Adithya	III B Com
2	Ranjith	III B A
3	Thabish	IBA
4	Adithya	III BA
5	Sharon	III B Com
6	Bhavish	II B Com



# Patriotic Song Singing competition on 23/07/2022

Sl. No	Name	Class
1	Shrilatha	IB. Com
<u>2.</u>	<u>Shwetha</u>	I B. Com
<u>3.</u>	<u>Shivani</u>	<u>I B. A</u>
4	<u>Tulasi</u>	II B. A
<u>5</u>	<u>Arpitha</u>	III B.Com



Skits on "Indian Freedom Movement" on 23/07/2022

SI. No	Name	Class
1	Tulasi	II B.A.
2	Tabish	IBA
<u>3</u>	Krishnaprasad	<u> </u>
<u>4</u>	<u>Aditi</u>	III B A
<u>5</u>	<u>Ranjitha</u>	III B A
<u>6</u>	<u>Manasa</u>	II B Com



On 15<sup>th</sup> August, 2018, the NSS students and the staff of the college visited Karunalaya and distributed fruits to the old people in Karunalaya. occasion of Independence day Celebration.



In connection with "Samsmaran Din" the death anniversary of our founder, 'A handful of rice with love' project, all the Crossland Family members contributed a handful of rice. We collected two quintals of rice, and the amount of Rs. 7945 was handed over to Spanda, a home for the differently abled.



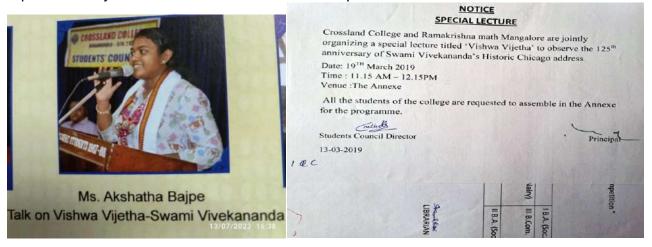


As a part of the Institutional Social Responsibility, the college made an MOU with ITCOT, Chennai to provide a three-month training program in domestic data entry operator trade sponsored by the Ministry of Rural Development, Government of India.





The National Youth Day - Swami Vivekanada Jayanthi was celebrated by organizing a talk on the topic "Viswa Vijeta" to observe the  $125^{th}$  Anniversary.

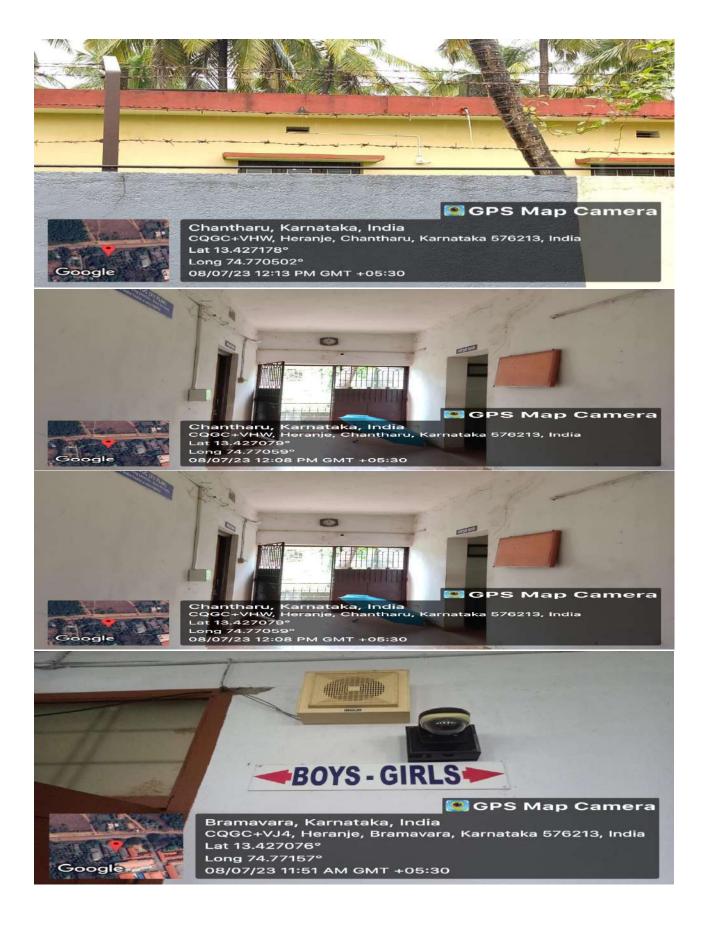


**Republic Day Celebration:** 



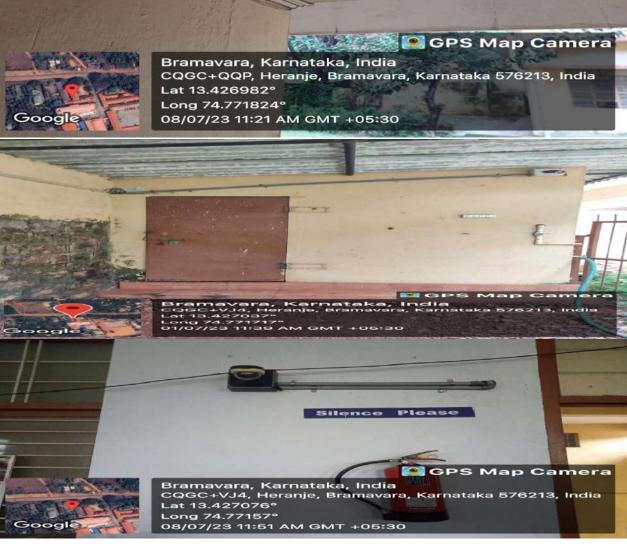
## **CC T V Camera**

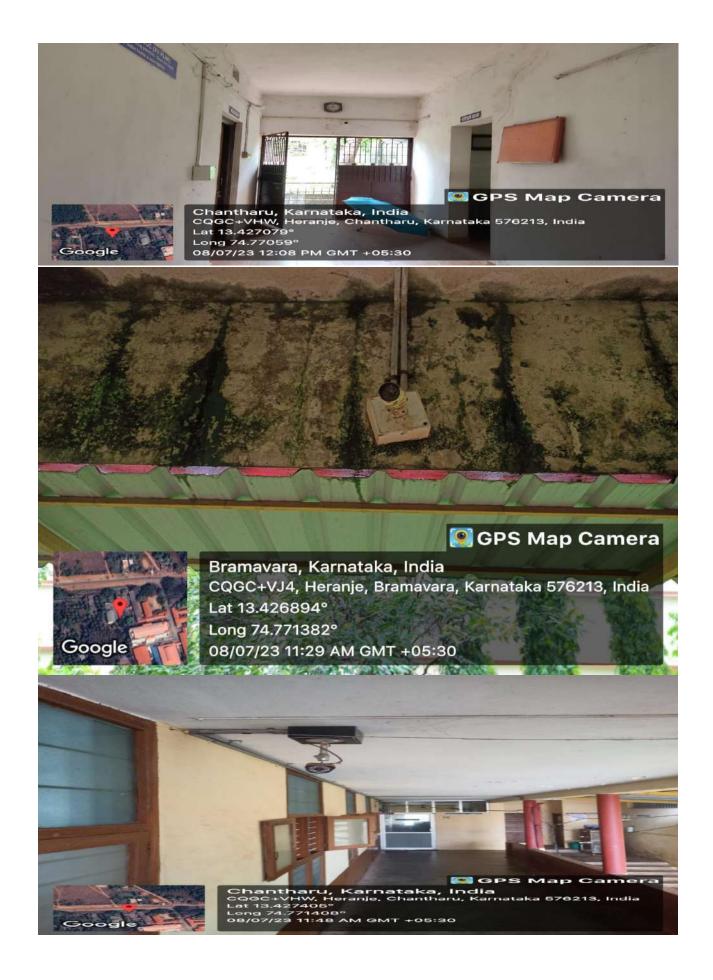








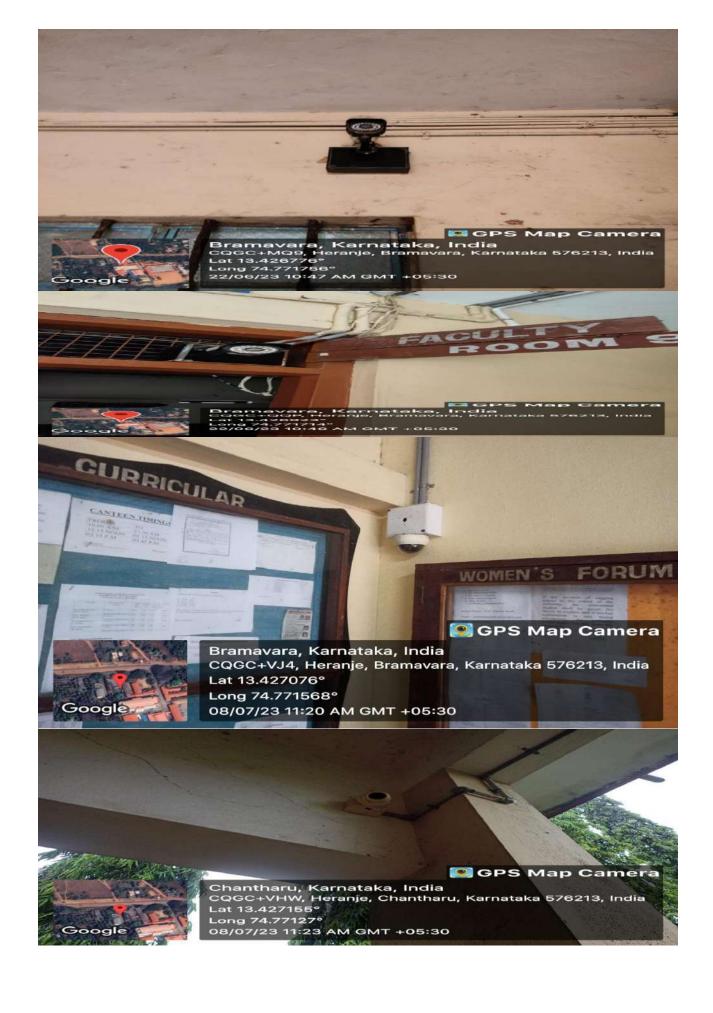
















## **Ladies Room:**

